

# STANDARD 5: FLUID FASTING

LOUISE MCGAW

DCN WARD 2C

UNIVERSITY HOSPITAL CROSSHOUSE

*“Fasting Patient Think Drink !!!!!”*

*Only 40% of our Hip Fracture Patients Received Oral  
Fluids within  
4 hours of surgery in December 2016*

**Where did we go wrong!!!**

- Documentation of last drink not easily accessible for MSK auditor.
- Lack of communication to determine where patient was on theatre list.
- Not asking “Can we give our patient another drink”

# *100% by June 2017*

## **How did we do it ???**

- ▶ Providing accessible documentation for MSK auditor.
- ▶ Communicating with all members of MDT prior and after trauma/ward rounds.
- ▶ Sharing changes to patients fluid fasting times with all members of our nursing team and updating documentation.
- ▶ Teamwork.



Name.....

CHI.....

FLUID INTAKE FOR ALL FRACTURED HIPS PRE-OPERATIVE NIGHT

**DATE:**

**FLUIDS:**

(until 0700)

Type.....

Amount.....

Date & Time Last Given.....

**ADDITIONAL FLUIDS:**

(as directed)

Type.....

Amount.....

Date & Time Last Given.....

Thank You!