

Scottish standards of care for hip fracture patients.

January 2023 update

Please note this is a temporary, summarised version of the Scottish standards of care for hip fracture patients for use from 1st January 2023. The full text including evidence and rationale for each standard is currently under review and will be published in early 2023.

Please direct any questions or queries to [pms.mskaudit@pms.scot](mailto:pmskaudit@pms.scot)

- Standard 1: Patients with a hip fracture are transferred from the emergency department (ED) to the orthopaedic ward within 4 hours
- Standard 2: Patients who have a clinical suspicion or confirmation of a hip fracture have the “big six” interventions/ treatments before leaving the emergency department (ED)
- Standard 3: Every patient with a hip fracture receives the “inpatient bundle of care” within 24 hours of admission
- Standard 4: Nutritional assessment and support must be an integral part of the acute and immediate care for hip fracture patients
- Standard 5: No patients are repeatedly fasted in preparation for surgery.
- Standard 6: Patients undergo surgical repair of their hip fracture within 36 hours of admission

- Standard 7: Cemented hemi-arthroplasty implants are standard
- Standard 8: Comprehensive Geriatric Assessment must be commenced within 3 days following admission by a clinician with specialist training in care of older patients
- Standard 9: Mobilisation has begun by the end of the first day after surgery and every patient has physiotherapy assessment by end of day two
- Standard 10: Every patient has a documented Occupational Therapy Assessment commenced by the end of day three post admission
- Standard 11: Every patient with a hip fracture should be given a loading dose of Vitamin D within 24 hours of admission. In addition, within 30 days, they should receive Zoledronic acid treatment and be referred to the local bone health pathway
- Standard 12: Every patient's recovery is optimised by a multi-disciplinary team approach such that they are discharged back to their original place of residence within 30 days from the date of admission

Translations and other formats are available on request at:

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